

Year 1 Strathpine State School - Health

Semester One		Semester Two
Topic 1: Personal and social awareness Theme A:	Topic 2: Respectful interactions	Topic 3: Protective behaviours
Emotional responses and empathy	Theme A: Friendship, inclusion and belonging	Theme A: Speaking up about body safety
Curriculum links:	Curriculum links:	Curriculum links:
- Students explain how personal qualities contribute to	- Students explain how personal qualities contribute to	- Students demonstrate skills and describe strategies
identities.	identities.	required to develop respectful relationships.
- They describe how emotional responses affect their	- They describe how emotional responses affect their	- Students apply protective behaviours and help-
own and others' feelings.	own and others' feelings.	seeking strategies to keep themselves and others safe.
- They demonstrate skills and describe strategies	- They demonstrate skills and describe strategies	- They explain why health information is important for
required to develop respectful relationships.	required to develop respectful relationships.	making choices.
- Students apply protective behaviours and help-		
seeking strategies to keep themselves and others safe		
Key concepts:	Key Concepts:	Key Concepts:
Emotional responses to safe and unsafe situations can	Respect, care and kindness are qualities of good	Body safety is a responsibility.
be shown in body language.	friendship. Gender inclusive behaviours build respect	
	and inclusion	
Learning intent:	Learning intent:	Learning intent:
Students will:	Students will:	Students will:
> use their senses to recognise safe and unsafe	identify the qualities of good friendship	> review emotional and physical warning signs
situations	> practise respectful communication using	about body safety
> make connections between sensory	appropriate language, encouraging and	> suggest and practise how to stay safe.
information and emotions	including others	
> role-play how to respond to safe and unsafe	> identify how it feels to be included and	
situations.	excluded.	
Assessment:	Assessment:	Assessment:
> Explain how they can tell if a situation is safe	> share the qualities of a good friend	> identify warning signs that a situation is
or unsafe by their body signs and feelings	> explain what they do to demonstrate good	unsafe
	friendship.	> make suggestions of how to stay safe
	> describe how to keep themselves and others	
No of lease a gravide de C	healthy, safe and physically active	No of leasens are ideal.
No. of lessons provided: 5	No. of lessons provided: 4	No of lessons provided: 5